

Torq Resources Grants Stock Options

Vancouver, Canada – April 7, 2021 – Torq Resources Inc. (TSX-V: TORQ, OTCQX: TRBMF) ("Torq" or the "Company") announces the grant of incentive stock options, subject to customary stock exchange approvals, for the purchase of 420,000 common shares to officers of the Company. The options are exercisable at C\$0.77 and expire five years from the date of grant.

About Torq Resources:

Torq is a junior exploration company focused on establishing a top-tier mineral portfolio. It recently acquired the Margarita iron-oxide-copper-gold project in Chile and is actively advancing the project to drill stage. The Company's management team has raised over \$550 million and monetized successes in two previous exploration companies. Torq is continually reviewing mineral targets in pursuit of acquisition, strategic exploration and significant discovery.

ON BEHALF OF THE BOARD,

Shawn Wallace Executive Chairman

For further information on Torq Resources, please contact Natasha Frakes, Manager of Corporate Communications at (778) 729-0500 or info@torqresources.com.

Forward Looking Information

This release includes certain statements that may be deemed "forward-looking statements". Forward-looking information is information that includes implied future performance and/or forecast information including information relating to, or associated with, exploration and or development of mineral properties. These statements or graphical information involve known and unknown risks, uncertainties and other factors which may cause actual results, performance or achievements of the Company to be materially different (either positively or negatively) from any future results, performance or achievements expressed or implied by such forward-looking statements.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.